

Certificate Neurotango® Practitioner

Certified Neurotango® Practitioner training.

Content:

- 13 Tango Tools for physiological + neurological target groups
- Tango Tools for psychological + social therapy concepts
- Structure of a Tango Therapy class
- Structure of a Neurotango® class (neurolog, targets)
- Development of a 10 classes training concept
- Musical skills and application fields of Tango Therapy
- Effectiveness and function of Tango Therapy
- Scientific studies about Tango Therapy and about the principles of the Neurotango® concept

No Tango or musical skills are precondition.
Duration of training: 5 day seminars
(Monday - Friday)
Costs: 1.300,00 Euro Incl. VAT

Contact

Neurotango®

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The book "Neurotango® - Principles of Tango Therapy"

"Neurotango® - Principles of Tango Therapy"
Author: Simone Schlaflhorst
Price: 49,99 Euro
Can be ordered online under: Info@tango-therapie.com

Reviews (only in German):
German Medical Journal, Nr. 41/2018,
Der niedergelassene Arzt - "Tango dancing against Parkinson disease" (2018)
Medical Journal "The Neurologist" (04/2018)
Neuro Aktuell (Oct./Nov. 2018) Article by Dr. Walter Dimoch



Application fields:

- Physiotherapy
- Handicapped sports
- Occupational Therapists
- Psychology
- Neurology
- Geriatry

Coaching areas:

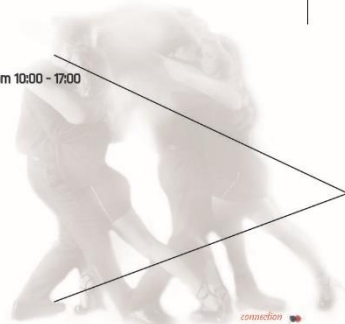
- Personal development
- Management Training
- Assessment Training
- Intercultural Training
- Social Training Courses



Dates 2020:

Braz (Austria): 16th - 20th of March 2020, every day from 10:00 - 17:00
(Seminar language: German)

Berlin: International Seminar (English)
August 24 - 28, 2020



Neurotango® is EU registered word mark



Unincorporated Association Neurotango Therapists



Concept for Therapists, Doctors and Coaches Certified Neurotango® Practitioner

Tango Therapy concept
without precondition of musical or tango skills

Effectiveness of Tango Therapy

Observed Improvements during the last 6 years by applying the of the Neurotango® concept of degenerative neurologic diseases like PD, MS and Incipient dementia:

- smoother gait pattern
- louder and clearer pronunciation
- fluent speech
- a good gait pattern without walking aids
- Improved body balance
- better general health condition
- motivation boost
- less depressed moods
- enables better flexibility
- more self-confidence
- diminishing or partly elimination of tremor and rigor
- causes better postural stability and let the spine straighten up to 30% after clinical tests
- better sleep
- reduction of medication
- less aggressivity
- Higher level of contact ability

"preventive, therapeutic secondary preventive, curative"

The psychological approach of Tango Therapy:

"Movements can express emotions straight from my soul. Words were not adequate to do this." (Therapy participant)

- Improvement of social competence on the level of self- and external cognition
- learning to express emotions and overcome negative feelings
- recognition of problems through our body language and being authentic because the body cannot lie.
- finding solutions and changing inner attitude through outer postures or movements
- to channel emotions by using music and movements
- stress reduction and a feeling of relief
- body awareness
- therapeutic approach of addiction and pain problems
- learning to permit love and closeness
- gaining self-confidence and building up trust to others

Therapy and training concept Neurotango®

The Neurotango® concept has been developed on the basis of the latest scientific knowledge of gerontology and brain studies (neurologic findings). (see chapter X, Neurotango® - Principles of Tango Therapy)

Besides the application of techniques taken from the Argentine Tango, the so called Tango Tools, kinesiology and neuro-motor exercises are part of the concept. They are used to develop and prepare brain functions as well as to improve the learning abilities.

This is essentially the key to the successful performance of the neuro-didactic method (motor learning through a combination of emotion and music). All standard therapy forms can apply or compliment the psycho-motor und neurophysiological exercises, proposed by the Neurotango® concept, to their own working method.



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Applied therapy concepts of Neurotango® Practitioner

Degenerative neurologic diseases Dortmund, handicapped sports Dortmund, Cardiovascular patients, Psychooncology Marl, bereavement support groups Hamburg, Dementia groups Hamburg, Deescalation training group Dortmund, Parkinson group Berlin + Lünen, Drug therapy Bochum, Highly sensitive people Münster, Compulsions, Burnout, maltreated women, couple therapy, Integration course Düsseldorf, Trauma therapy, Borderline Bochum, Management trainings Düsseldorf, Autism HH, Palliative medicine Norway, Dementia group Netherlands, eating disorders Recklinghausen

Application fields of Tango Therapy

"holistic: physiologic, psychological, neurologic and social issues"

Physiological fields of Tango Therapy:

- cardiovascular problems
- adipositas
- stroke
- rehab treatments
- physiotherapy
- handicapped sports
- Down Syndrom
- hearing-impaired

- Physiotherapy
- Homeopathy
- Psychotherapy
- Occupational Therapy
- Social Training Courses
- Handicapped sports
- Assessment Trainings
- Coaching

Neurotango®

